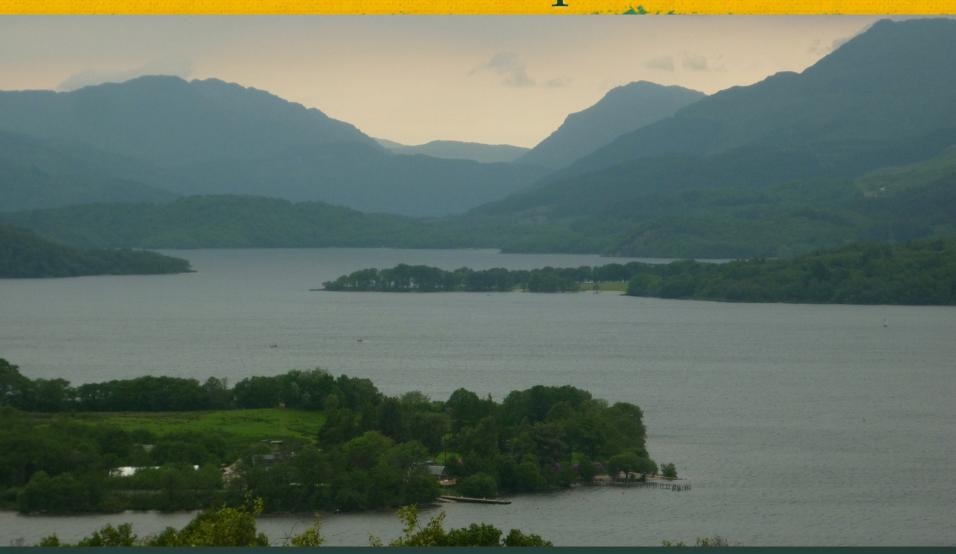
# What we discovered about Scotland's natural environment

# The beauty of the landscape



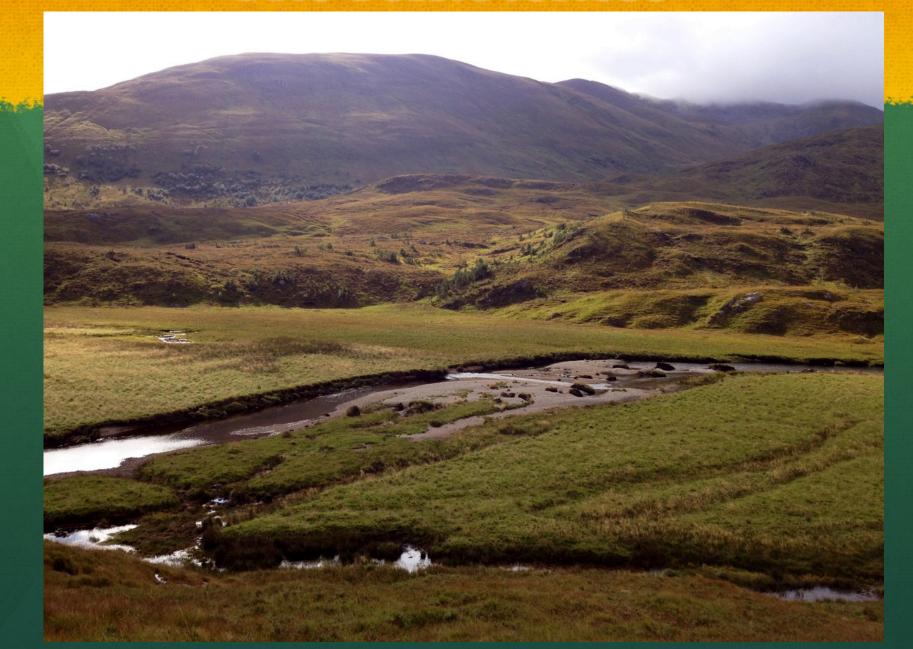
"Scotland's natural environment is amazingly beautiful. A heaven to be treasured and preserved for future generations."

# The variety



"I discovered that Scotland's natural environment is very beautiful and diverse and that a lot of education and work is involved in keeping it this way and protecting it for future generations."

#### The remoteness



"It is absolutely beautiful and not appreciated enough! It is food for the soul, and we need to take good care of it."

#### The ease of access



It is easily accessible through forestry commission car parks and information leaflets/websites

"I discovered how much of the environment that we think of as being 'natural' has been shaped by human activity. For example, where landowners have kept the deer population high, the land is bare. In contrast where deer numbers have been kept low, or fencing built, saplings and woodland plants thrive."



"Scotland is very beautiful. It has various scenic landscapes and mountains. The mountains here have a lot of history. One should be lucky and blessed to live and enjoy the places. One should conserve nature. It's Mother Nature's gift to mankind that irreplaceable. One has to pass this gift to future generation neat and clean"



Medicine



Shelter built in 30 minutes



Fire

### How to preserve it



Looking after paths, wild life and minimal impact

# How to explore it



## How to navigate it

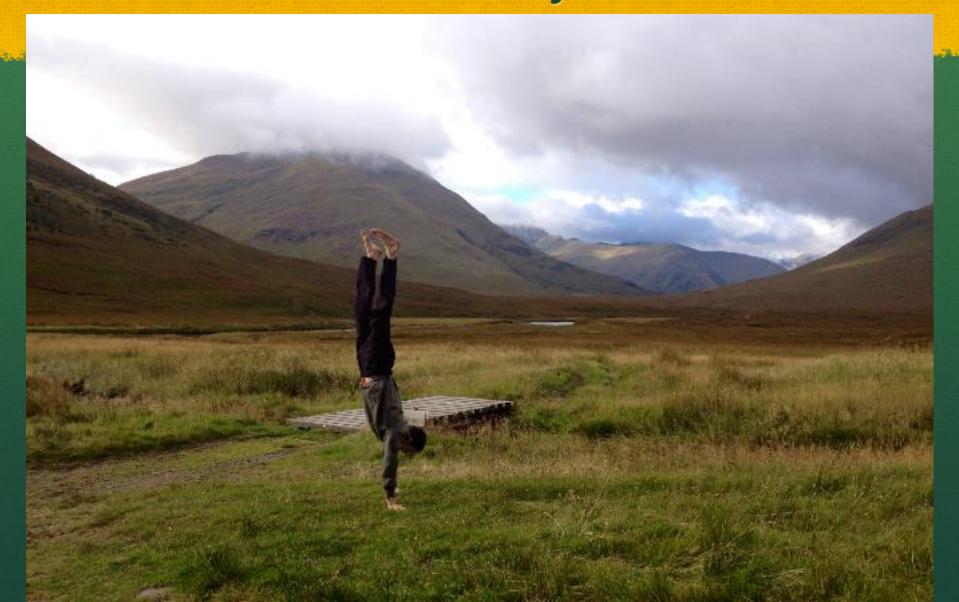


### ...and how to enjoy it!



By sharing it with others

# ...and stay fit!



# Thank you Pammy! Thank you Backbone! And thank you to the group!